**Supplementary File**

**Table 1** –*Interviewee* characteristics, Grey County, ON (N = 16)

|  |  |  |
| --- | --- | --- |
| Farmer characteristic | Number | Percent |
| Gender | | |
| Male | 6 | 38 % |
| Female | 10 | 62 % |
| Age | | |
| 30-39 | 9 | 56 % |
| 40-54 | 2 | 13 % |
| 55-65 | 4 | 25 % |
| 65+ | 1 | 6 % |
| Employment status | | |
| Farm manager | 13 | 81 % |
| Farm spouse (not primary manager) | 3 | 19 % |
| Children | | |
| Yes | 13 | 81 % |
| No | 3 | 19 % |
| Marital status | | |
| Married, no children | 2 | 12 % |
| Married, children at home | 9 | 57 % |
| Married, children not at home | 3 | 19 % |
| Divorced | 1 | 6 % |
| Widow/widower | 1 | 6 % |
| Number of years farming | | |
| 3 - <7 | 1 | 6 % |
| 7+ | 15 | 94 % |
| Career change to farming (due to job shift or marriage) |  |  |
| Yes | 5 | 31 % |
| No | 11 | 69 % |
| Mental health challenge | | |
| Yes | 9 | 56 % |
| No | 7 | 44 % |
| Working status | | |
| Full time | 13 | 81% |
| Part-time (off farm work) | 3 | 19 % |
| Ethnicity | | |
| White | 14 | 88 % |
| Other | 2 | 12 % |

**Table 2** – Characteristics of interviewees’ *farms*, Grey County, ON (N=16)

|  |  |  |
| --- | --- | --- |
| Farm characteristic | Number | Percent |
| Type of farm (>N as some multiple categories) | | |
| Mixed (organic and conventional) | 1 | 6 % |
| Ecological (organic but not certified) | 11 | 61 % |
| Certified organic | 2 | 11 % |
| Ecological - Organic community supported agriculture | 2 | 11 % |
| Cash cropping (both conventional & organic) | 2 | 11 % |
| Products (>N as most multiple products) | | |
| Cattle | 8 | 25 % |
| Hay | 4 | 13 % |
| Chickens/poultry | 4 | 13 % |
| Vegetables | 4 | 13 % |
| Dairy cows | 2 | 6 % |
| Lamb | 2 | 6 % |
| Pork | 2 | 6 % |
| Other animal (eggs, sheep, wool) | 3 | 9 % |
| Other horticultural (cut flowers, fruit, hops) | 3 | 9 % |
| Number of acres | | |
| <80 | 3 | 19 % |
| 80 - <100 | 11 | 69 % |
| 100-400 | 2 | 12 % |