**Supplementary File**

**Table 1** –*Interviewee* characteristics, Grey County, ON (N = 16)

|  |  |  |
| --- | --- | --- |
| Farmer characteristic  | Number | Percent |
| Gender |
|  Male | 6  | 38 % |
|  Female  | 10 | 62 % |
| Age |
|  30-39 | 9 | 56 % |
|  40-54 | 2 | 13 % |
|  55-65 | 4 | 25 % |
|  65+ | 1 | 6 % |
| Employment status |
|  Farm manager | 13 | 81 % |
|  Farm spouse (not primary manager)  | 3 | 19 % |
| Children |
|  Yes | 13 | 81 % |
|  No  | 3 | 19 % |
| Marital status |
|  Married, no children | 2 | 12 % |
|  Married, children at home | 9 | 57 % |
|  Married, children not at home  | 3 | 19 % |
|  Divorced  | 1 | 6 % |
|  Widow/widower | 1 | 6 % |
| Number of years farming |
|  3 - <7 | 1 | 6 % |
|  7+ | 15 | 94 % |
| Career change to farming (due to job shift or marriage)  |  |  |
|  Yes | 5 | 31 % |
|  No | 11 | 69 % |
| Mental health challenge  |
|  Yes | 9 | 56 % |
|  No | 7 | 44 % |
| Working status |
|  Full time | 13 | 81% |
|  Part-time (off farm work) | 3 | 19 % |
| Ethnicity |
|  White | 14 | 88 % |
|  Other | 2 | 12 % |

**Table 2** – Characteristics of interviewees’ *farms*, Grey County, ON (N=16)

|  |  |  |
| --- | --- | --- |
| Farm characteristic | Number | Percent |
| Type of farm (>N as some multiple categories) |
|  Mixed (organic and conventional)  | 1 | 6 % |
|  Ecological (organic but not certified) | 11 | 61 % |
|  Certified organic  | 2 | 11 % |
|  Ecological - Organic community supported agriculture  | 2 | 11 % |
|  Cash cropping (both conventional & organic) | 2 | 11 % |
| Products (>N as most multiple products) |
|  Cattle | 8 | 25 % |
|  Hay | 4 | 13 % |
|  Chickens/poultry  | 4 | 13 % |
|  Vegetables | 4 | 13 % |
|  Dairy cows | 2 | 6 % |
|  Lamb | 2 | 6 % |
|  Pork | 2 | 6 % |
|  Other animal (eggs, sheep, wool) | 3 | 9 % |
|  Other horticultural (cut flowers, fruit, hops) | 3 | 9 % |
| Number of acres  |
|  <80 | 3 | 19 % |
|  80 - <100 | 11 | 69 % |
|  100-400 | 2 | 12 % |